

GENERAL SURGERY

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Understanding Loop Colostomy Closure

Welcome to the March newsletter, as a general surgeon, I am committed to empowering patients with knowledge to navigate their healthcare journeys confidently. This month, we are focusing on Loop Colostomy Closure a procedure that restores bowel continuity after a temporary colostomy.

Whether you are considering this surgery, supporting a loved one or simply curious, this newsletter breaks down what you need to know.

General Surgery News

I pick a topic each month and discuss it in detail on my social media accounts.



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Specialist General Surgeon



What Patients Ask Me Most?

- Will my bowel function return to normal? → Most patients regain near-normal function, but mild changes (e.g., urgency) are possible.
- How bad is the scar? → Scars fade significantly with time and care.
- Can I ever get another colostomy? → Rarely needed if closure is successful.

What is Loop Colostomy Closure?

A loop colostomy closure reverses a temporary stoma, reconnecting the bowel to resume normal function.

Why is a Loop Colostomy Closure done?

This procedure is done to address healed conditions like trauma, infections (e.g., diverticulitis) or surgical complications.

Who is a candidate for a loop colostomy closure?

Patients with fully healed bowel tissue, no active inflammation and medical fitness for surgery. This procedure is typically 3-6 months after the initial colostomy, depending on healing progress.

Loop Colostomy Closure Overview



Preparation includes bowel prep, imaging tests, and lifestyle adjustments, with the procedure itself often performed laparoscopically under general anesthesia, followed by pain management strategies like epidurals or nerve blocks.

Recovery spans weeks to months, starting with hospital monitoring and a low-fiber diet, then gradually resuming activities while watching for complications like infection or leakage. Long-term care involves scar management and annual check-ups.