

GENERAL SURGERY

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February 2025: Issue 2

What to expect on your first consultation

If you have been referred to a general surgeon, you might be feeling nervous or unsure about what to expect. A surgical consultation is your chance to understand your condition, explore treatment options and get all your questions answered.

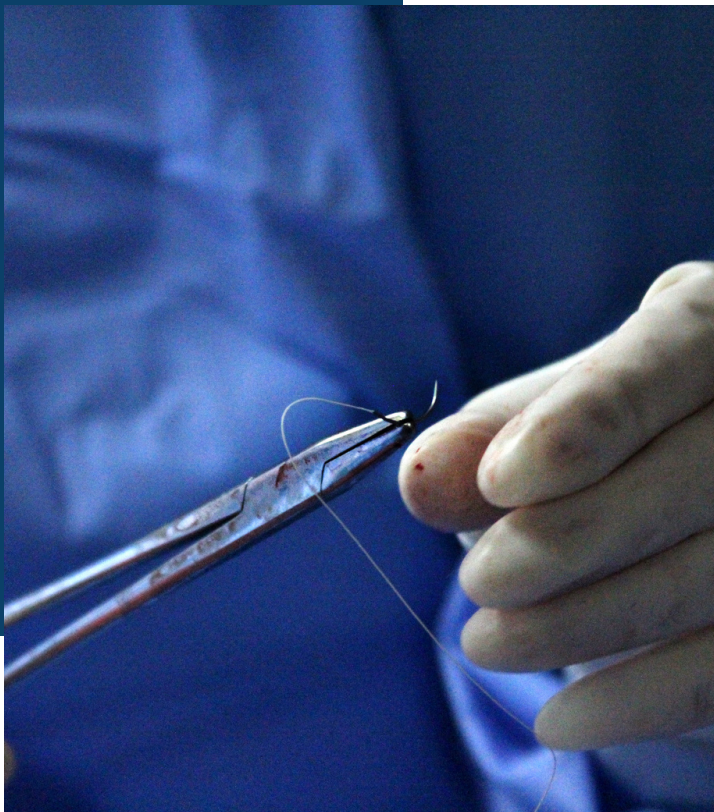
The surgeon will ask about your symptoms, medical history and any previous surgeries or conditions. Be ready to share details about your medications and allergies.

General Surgery News

I pick a topic each month and discuss it in detail on my social media accounts.



Dr. Tendani Muthambi
Specialist General Surgeon



Physical Examination

A physical exam may be conducted to assess your condition further. This could include checking vital signs and examining the area of concern.

Diagnosis & Treatment Plan

The surgeon will explain the diagnosis and discuss whether surgery is necessary, as well as any alternative treatments available.

Addressing any questions you might have

Why is this surgery necessary?

The surgeon will explain the specific medical condition or issue that necessitates surgery. This could involve factors such as the severity of your symptoms, the potential for complications if left untreated.

What are the potential risks and complications?

Every surgical procedure carries risks. Your surgeon will discuss common risks associated with the specific surgery.

Surgical Procedure Overview



General surgery is a medical specialty focused on diagnosing and treating a wide range of conditions affecting the abdominal organs, endocrine system, soft tissues, and more.

General surgeons are trained to perform both routine and complex surgeries, making them essential in addressing various health issues. If surgical intervention is needed, consulting a general surgeon can provide valuable insights into your treatment options and the best path for your health.