



GENERAL SURGERY

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PILONIDAL SINUS

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In the month of April, I would like to discuss a medical condition called the pilonidal sinus and the surgery that is commonly performed to treat it. Pilonidal sinus is a common condition that affects a lot of people. It is a condition that is caused by a small cavity or channel that develops beneath the skin in the natal cleft. The natal cleft runs from the top of the buttocks, near the base of the spine, to the perineum. A sinus is a general term used to describe a channel or cavity in the body. It can refer to any opening or passage that allows for the exchange of fluids, gases, or other substances.

DR. T MUTHAMBI
NEWSLETTER

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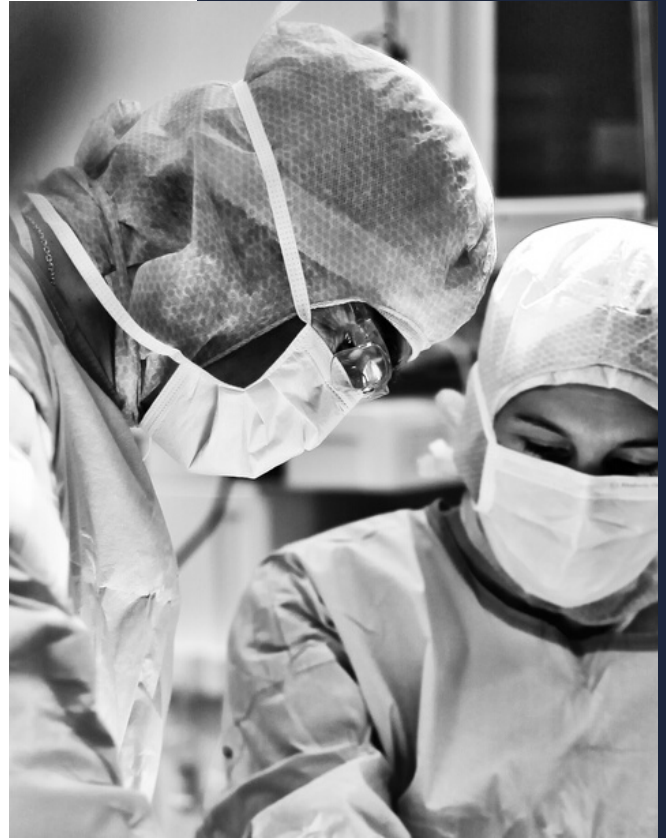
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SYMPTOMS OF PILONIDAL SINUS?

Pilonidal Sinus is a condition that can be difficult to diagnose in its early stages. However, there are several symptoms that can help identify the condition: The symptoms of pilonidal sinus include pain, swelling, redness, and discharge of pus from the infected area. If left untreated, the condition can worsen and cause more serious health problems.

THE BENEFITS OF PILONIDAL SINUS SURGERY

The surgical treatment of pilonidal sinus is the most effective treatment option, offering faster healing, lower risk of recurrence, and minimal pain and discomfort. Surgery involves the removal of the infected tissue and the cavity or channel that causes the pilonidal sinus. It is important to note that there are other treatment options like antibiotics; Antibiotics can be used to treat the infection and prevent it from spreading. Another treatment option is incision and drainage: If an abscess has formed, a small incision can be made to drain the pus and relieve the pressure. Surgery for the pilonidal sinus is recommended as the most effective treatment option.



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