
Dr. T Muthambi

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In the month of May I discuss surgeries for hemorrhoids read all about the surgeries that I perform.

Surgery for hemorrhoids (Piles)

Hemorrhoids are swollen veins that are either internal or external, meaning they are inside or outside the rectum.

It is usually possible to manage the symptoms of constipation by eating a high fiber diet and drinking eight to ten glasses of water per day.

In some cases, you may also need to use stool softeners to reduce straining during bowel movements, As straining can make your hemorrhoids worse.

Only a small percentage of hemorrhoids require surgery, but it may become necessary if your hemorrhoids are inflamed.

The severity of hemorrhoids is classified by grades as follows:

- Grade 1: no prolapse
- Grade 2: prolapse that goes away by itself
- Grade 3: prolapse that you have to push back in on your own
- Grade 4: prolapse that you can't push in on your own and causes you pain

Hemorrhoids(Piles) Surgeries

Symptoms

- Itching or irritation in your anal region
- Pain or discomfort
- Swelling around your anus
- Bleeding

Diagnosis

Your doctor may use the following procedures to diagnose internal hemorrhoids:

- **Anoscopy:** your doctor will use an anoscope to view the lining of your anus and lower rectum. Your doctor will carefully examine the tissues lining your anus and lower rectum to look for signs of lower digestive tract problems and bowel disease.
- **Rigid proctosigmoidoscopy** is similar to anoscopy, except that your doctor uses an instrument called a proctoscope to view the lining of your rectum and lower colon.

Hemorrhoids surgery

Hemorrhoids can be treated with simpler, outpatient procedures that do not involve anesthesia, or with more complex, inpatient surgeries. If you have complications, your doctor will determine whether you need surgery and which type of procedure is best for you based on the severity of your symptoms.

Types of surgeries for hemorrhoids

- **Hemorrhoidectomy:** involves making small incisions around the anus to cut out the hemorrhoids.
- **Hemorrhoidopexy:** Procedure for the surgical removal of piles using staples.

Treatment

There's a variety of surgical treatments for hemorrhoids. Some are outpatient, minimally invasive, and require no anesthetics. Others require hospitalization and anesthesia, and will require post-operative recovery. Your doctor will examine you to identify the type of hemorrhoids you have and their grade or degree of severity, and determine the best course of treatment.

I have expertise to advise the best treatment procedure for your individual needs, likely outcomes of surgery, reconstruction concerns and or possible complications, as well as help, address psychological issues and enhance your overall well-being throughout the entire process.

You are more than welcomed to get in contact with me my details are below.

reception.drmuthambi@gmail.com

011 950 5911

www.specialistgeneralsurgeon.co.za

