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In the month of April I discuss breast surgeries, read all about the breast surgeries that I perform.

Breast Surgeries

Breast malignant growth is one of the common diseases among women, it is also important to note that men can also have breast cancer. Breast cancer is brought about by the strange division of cells in the breast which obliterate typical breast tissue and can spread all through the remainder of the body.

It is important to know that most breast lumps are benign and not malignant(cancer). Non-cancer lumps are abnormal growths and they do not spread outside of the breast and they are not life threatening. Any breast lump or change needs to be checked by a health care professional.

Breast cancers can start from different parts of the body. It can spread into the blood or lymph system and then carried to other parts of the body. Surgery and treatment is used to treat the different types of breast cancers .It is important to seek medical attention when you notice any change or lump.

Breast Surgeries

Symptoms

The most common symptoms of breast disease are a change in size or state of the breast, thickening of tissue in the breast or armpit, breast pain, nipple discharge, dimpled skin over the breast and flakiness or withdrawal.

Diagnosis

Breast cancer is sometimes found after symptoms present themselves; many women with breast cancer have no symptoms. It is important to have regular breast cancer screening. Different tests can be used to diagnose breast cancer; tests like mammogram, breast MRI and ultrasound. After the tests are done, then a biopsy can be done to determine if it is cancer; a biopsy is the only way to be sure if it is cancer.

There are two types of breast surgeries that can be done

- **Lumpectomy;** A lumpectomy is the surgical removal of a cancerous lump in the breast. This surgery can be done when the cancer has not spread to any other parts of the body.
- **Mastectomy;** A mastectomy is the surgical removal of the breast; sometimes a double mastectomy is done, where both breasts are removed.

Treatment

Treatment depends on the severity and stage of the cancer. Treatment incorporates careful intercession of surgery and other treatments. A mastectomy and a lumpectomy can be used in conjunction with radiation, chemotherapy and hormonal therapy. All treatment options will be discussed with you prior to any treatment starting.

I have expertise to advise the best treatment procedure for your individual needs, likely outcomes of surgery, reconstruction concerns and or possible complications, as well as help, address psychological issues and enhance your overall well-being throughout the entire process.

You are more than welcomed to get in contact with me my details are below.

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